

Fact sheet

Reference list for Working Well fact sheets

How work impacts mental health

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2. Harvey, S. B., Joyce, S., Tan, L., Johnson, A., Nguyen, H., Modini, M., & Groth, M. (2014). *Developing a mentally healthy workplace: A review of the literature*. Canberra, Australia: National Mental Health Commission. Retrieved from <http://www.mentalhealthcommission.gov.au/>.
3. Johnson, S., Robertson, I., & Cooper, C. L. (2017). *WELL-BEING: Productivity and happiness at work*. Switzerland: Springer International Publishing.
4. LaMontagne, A., & Keegel, T. (2012). *Reducing stress in the workplace: An evidence review: full report*. Melbourne, Australia: VicHealth. Retrieved from <http://www.vichealth.vic.gov.au/workplace>.

The business case for wellbeing

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2. Ministry of Health. (2006). *Te Rau Hinengaro: The New Zealand Mental Health Survey*. Wellington, New Zealand: Ministry of Health.
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8. Wellplace.nz (n.d.). *Employers' legal responsibilities*. Retrieved from <http://wellplace.nz/facts-and-information/mental-wellbeing/legal-responsibilities/>.
9. Hone, L. C., Jarden, A., Duncan, S., & Schofield, G. M. (2015). Flourishing in New Zealand workers: Associations With lifestyle behaviors, physical health, psychosocial, and work-related indicators. *Journal of Occupational and Environmental Medicine*, 57(9). doi: 10.1097/JOM.0000000000000508.

Positive work environments

Mental Health Foundation of New Zealand (2016). *Working Well: A workplace guide to mental health*. Auckland, New Zealand: Mental Health Foundation of New Zealand.

Understanding mental health and wellbeing (Taha hinengaro)

Briggs, M. J. (2001). *“Building on strengths”: An innovative approach to developing a mental health promotion strategy for New Zealand (Unpublished master’s thesis)*. University of East London: London, England.

Durie, M. H. (1985). A Maori perspective of health. *Social Science & Medicine*, 20(5), 483–486.

Durie, M.H. (1994). Tirohanga Māori: Māori Health Perspectives. In Durie, M. H. (1994). *Whaiora: Māori Health Development* (pp 67-81). Auckland, New Zealand: Oxford University Press.

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NB: We have added the dimension taha whenua to Mason Durie’s Te Whare Tapa Whā model, to explicitly acknowledge the inter-relationship of whenua as the foundation for a whare, and the importance of that inter-relationship in Te Ao Māori.