

The Whānau Effect



mātauranga

whānau knowledge is key
to understanding

positive ways whānau affect mental wellbeing

mana

keeping the mana of every
whānau member intact

positive ways whānau affect mental wellbeing



Te Puna Oranga
Ko ngā whānau ngā puna oranga



Te Awa
o Te Ora
TRUST

Whakaitia te Whakawhiti i te Tangata



LIKE MINDS, LIKE MINE
Whakaitia te Whakawhiti i te Tangata



Mental Health Foundation
mauri tū, mauri ora OF NEW ZEALAND



The
**Whānau
Effect**

kōrero

keep the korero alive
and open in your whānau

positive ways whānau affect mental wellbeing

The Whānau Effect

aroha

whānau prosper
with love and respect

positive ways whānau affect mental wellbeing



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The Whānau Effect



tautoko

whānau supporting each other
through the trying times

positive ways whānau affect mental wellbeing



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