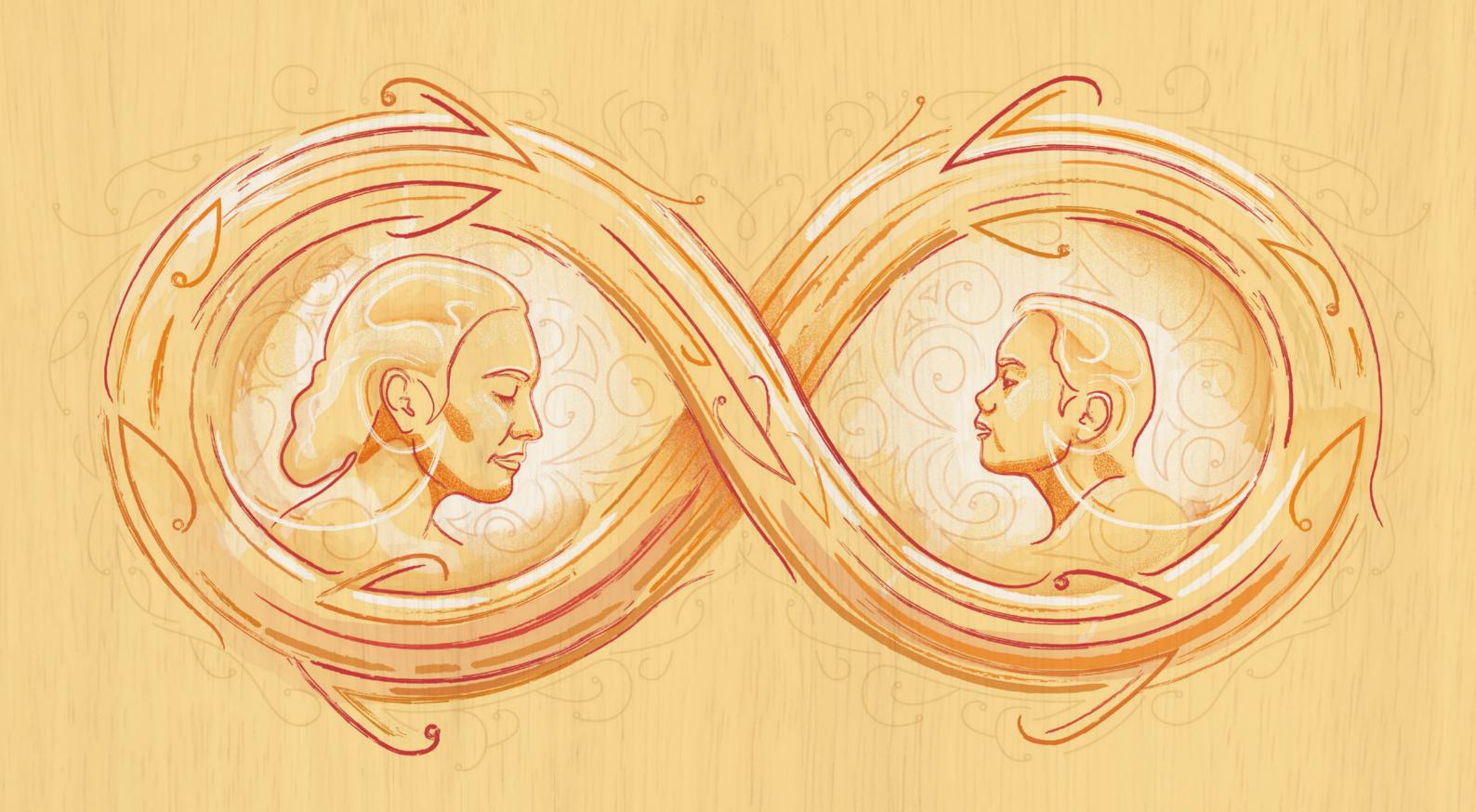
## Connecting through Korero

For guidance on having safe, open, and direct korero about suicide with young people visit mentalhealth.org.nz



Mā te whakapono
By believing and trusting
Mā te tumanako
By having faith and hope
Mā te titiro
By looking and searching

Mā te whakarongo By listening and hearing Mā te mahitahi
By working and striving together
Mā te manawanui
By patience and perseverance
Mā te aroha
By all being done with love
Ka taea e tātou
We will succeed

