

COLOUR ME IN
AND WIN!

Grab some pens,
pencils, crayons or
felts to add colour
to your scene and
bring it to life!



mhaw.nz
#MHAWNZ

**TAKE TIME
TO KŌRERO**
MĀ TE KŌRERO, KA ORA

Mental Health
Awareness Week
27 Sept – 3 Oct 2021

Name: _____
School: _____
Phone Number: _____
Email Address: _____
Age Range: 4-6 7-9 10-12

Rules:

- Competition open to tamariki/children aged 4-12 years
- Entries close 5pm, Monday 11 October 2021
- Winners will be notified by phone or email

Post your entries to
Mental Health Foundation,
PO Box 10051
Dominion Road, Auckland 1446

or snap a photo of your entry
and email it to:
MHAW@mentalhealth.org.nz
Subject: Colouring Competition

 **Mental Health Foundation**
OF NEW ZEALAND
mauri tū, mauri ora