

Book review



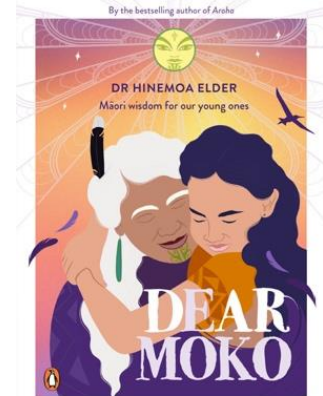
Dear Moko

Author: Elder, Hinemoa.

Year: 2024.

Publisher: Penguin Random House New Zealand

ISBN: 9781776953417



This book is one you will read and read again and take something different away every time. Whakataukī and whakatauāki are grouped under different values. The originals of them are explained and the intent of them is explained in simple easy to understand terms. It feels like Nanny Hinemoa is sitting by the fireside having a conversation and telling her stories to us.

There are great suggestions of how you might engage with each story at the end of them. Not just one suggestion, but several so if you read it on another day, you might choose a different way to connect. The way the book is set out, it means you can choose to read the chapter you need to on that day.

Review by Robyn Hurliman, Whānau Leader - Year 5 and 6 team Ōwhata School

Disclaimer: Please note these reviews are not intended as endorsements or recommendations from the Mental Health Foundation. This feature introduces resources that may be useful for individuals with an interest in mental health and wellbeing topics.