## Te Whare Tapa Whā Chatterbox

This chatterbox is designed to help tamariki have a kōrero about the different things that make them feel good, with question prompts inspired by the four dimensions of Te Whare Tapa Whā.

## **HOW TO PLAY:**

- 1. Ask a friend to pick a word that's written on one of the square
- 2. Spell out the word as you move the chatterbox back and forth (i.e. whānau, six letters, move six times).
- 3. Have them pick a number from the inside. Move the chatterbox that many times.
- 4. Ask them to pick another number. Open the flap of the number to reveal the hidden question inside!



Trim along the dotted line to make a square.

With the number side facing down, fold each corner into the centre point again.



Fold the square from corner to corner diagonally. Unfold and repeat with the other corner.

Step 5:

Fold the chatterbox in half so that the numbers



Lay the chatterbox out flat with the colours and numbers face down and fold each corner into the centre point.

Step 4:



Your Te Whare Tapa Whā chatterbox is ready

Embrio dra vo en insoa.

to haio inis

He dra to tino naidta **RIMA** 

1803 cignot lares **ĀHW** 

Mental Health Foundation mauri tū, mauri ora of NEW ZEALAND



mentalhealth.org.nz

**WARU** 

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