







TE WHARE TAPA WHĀ CHATTERBOX

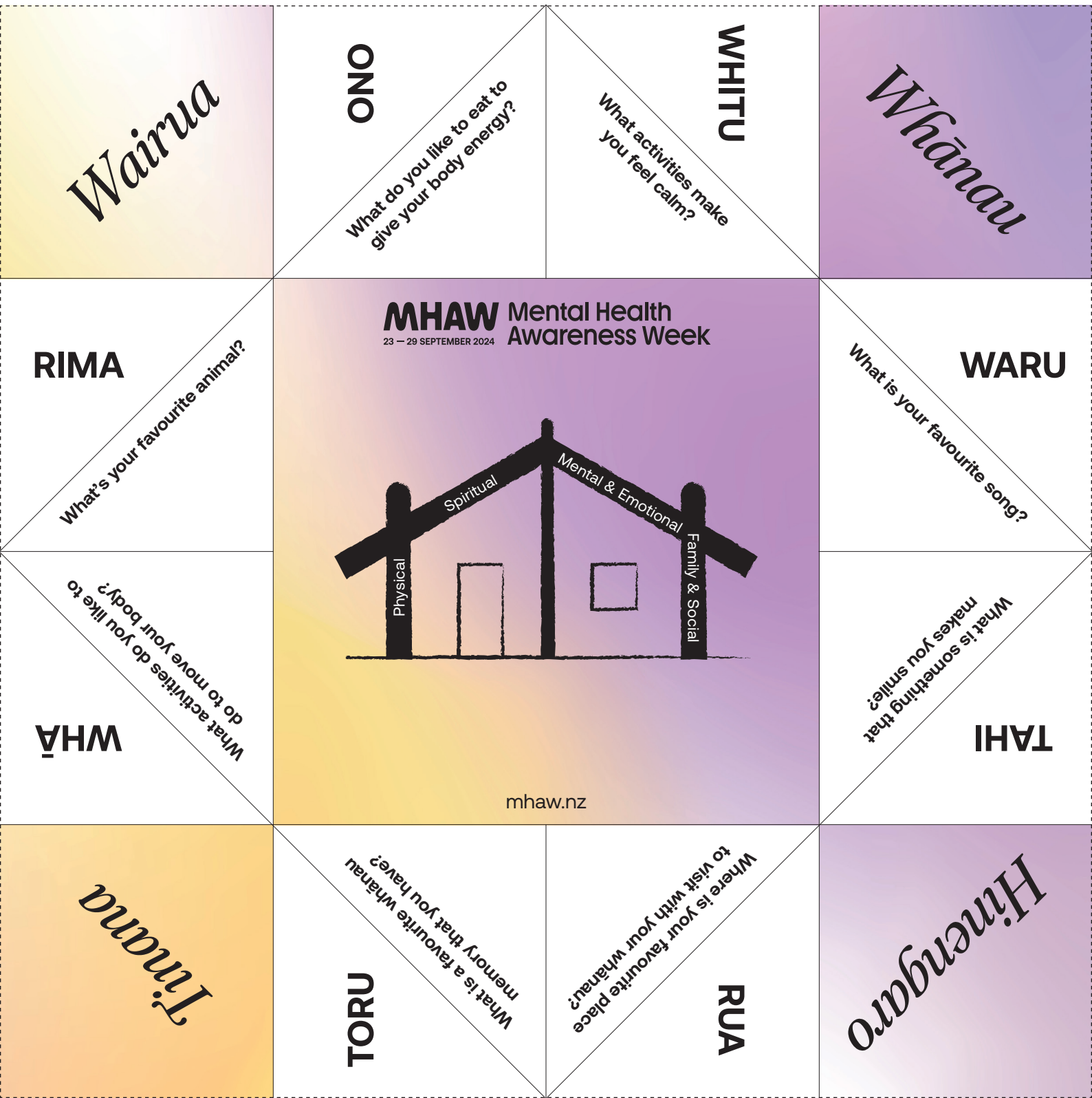
This chatterbox is designed to help tamariki have a kōrero about the different things that make them feel good, with question prompts inspired by the four dimensions of Te Whare Tapa Whā.

How to play:

1. Ask a friend to pick a word that's written on one of the square pockets.
2. Spell out the word as you move the chatterbox back and forth (i.e. whānau, six letters, move six times)
3. Have them pick a number from the inside. Move the chatterbox that many times.
4. Ask them to pick another number. Open the flap of the number to reveal the hidden question inside!

- Step 1:**  Trim along the dotted line to make a square
- Step 2:**  Fold the square from corner to corner diagonally. Unfold and repeat with the other corner.
- Step 3:**  Lay the Chatterbox out flat with the colours and numbers face down and fold each corner into the centre point.

- Step 4:**  With the number side facing down, fold each corner into the centre point again.
- Step 5:**  Fold the Chatterbox in half so that the numbers are on the inside.
- Step 6:**  Your Te Whare Tapa Whā Chatterbox is ready to play!



Wairua (top-left)

ONO (top-middle-left): What do you like to eat to give your body energy?

WHITU (top-middle-right): What activities make you feel calm?

Whānau (top-right)

RIMA (middle-left): What's your favourite animal?

MHAW Mental Health Awareness Week (center): 23 - 29 SEPTEMBER 2024

WARU (middle-right): What is your favourite song?

Physical, **Spiritual**, **Mental & Emotional**, **Family & Social** (house diagram labels)

mhaw.nz (bottom of house diagram)

WHĀ (bottom-left): What activities do you like to do to move your body?

TAHI (bottom-middle-right): What is something that makes you smile?

TORU (bottom-middle-left): What is a favourite whānau memory that you have?

RUA (bottom-middle-right): Where is your favourite place to visit with your whānau?

Tūmanā (bottom-left)

Himengaro (bottom-right)