

# Book review

## ***I Like Giving***

Experience the daily miracle of the generous life

**Category:** Book Reviews / Self-help

**Author:** Brad Formsma

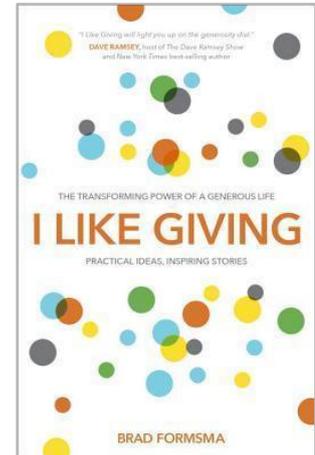
**Year:** 2014

**Publisher:** Waterbrook Press, US

**ISBN:** 9781601425751

**Audience:** Supporting Myself

**Summary:** Inspiring readers to give more and lead a generous life



*I Like Giving* is a quick read that should inspire you to give more in your daily life. A text based on personal stories and scientific facts, it maintains that your life and the lives of others will be happier if you reach out and lead a generous life.

Acts of kindness will enrich you and others. Your gift can be anything; a smile, a present, a listening ear, a donation or maybe just time. When you focus away from yourself life is more fun and more interesting opportunities can open up for you.

On a scale of one to 10, I think this book is a six. It's a little too religious for my liking but the sentiments are worth taking note of if you are seeking to have a more fulfilling and generous life.

**Reviewed by Wendy Everingham, Lyttelton Harbour Timebank Coordinator**

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