

Book review

I Like Giving

Experience the daily miracle of the generous life

Category: Book Reviews / Self-help

Author: Brad Formsma

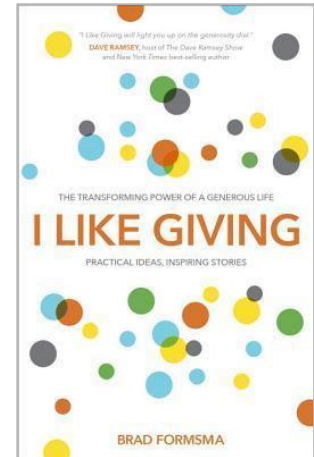
Year: 2014

Publisher: Waterbrook Press, US

ISBN: 9781601425751

Audience: Supporting Myself

Summary: Inspiring readers to give more and lead a generous life



I Like Giving is a quick read that should inspire you to give more in your daily life. A text based on personal stories and scientific facts, it maintains that your life and the lives of others will be happier if you reach out and lead a generous life.

Acts of kindness will enrich you and others. Your gift can be anything; a smile, a present, a listening ear, a donation or maybe just time. When you focus away from yourself life is more fun and more interesting opportunities can open up for you.

On a scale of one to 10, I think this book is a six. It's a little too religious for my liking but the sentiments are worth taking note of if you are seeking to have a more fulfilling and generous life.

Reviewed by Wendy Everingham, Lyttelton Harbour Timebank Coordinator

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